

- Director:** Bill Boulter
- Assistants:** Jay Stewart, Cynthia Stewart and Blake Boulter
- Events:** Hill Climb, Time Trial, Criterium, Road Race
- Schedule:** Tuesday, Oct. 7 – Friday, Oct. 10
See Event Descriptions below
- Divisions:** 5-Year Age Brackets (see Page 7)
Skill Divisions I, II & III
- Sport Fee:** \$12 Per Event

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REGISTRATION RULES

- Event is USCF sanctioned – USCF rules apply.
- One-Year or Day Licenses are mandatory. International licenses will be honored.
- Purchase licenses prior to Games – USCF (719-866-4581 or www.usacycling.org) or purchase licenses at Pre-Race Meeting - One-Year Membership (\$60) or Day License (\$10 per day)
- Indicate your skill division on your registration form –
Division I Expert / Extreme
Division II Experienced
Division III Recreational
- If you have a USCF annual license and you race in 2 or more events (other than HWSG) this year, you are required to race in Division I.
- Divisions will be monitored based on last year's results. 2007 Overall Winners in each category (except "Division I") must move up.

MANDATORY PRE-RACE MEETING

- Monday, Oct. 6 – 5:30 pm – Dixie Center
- License sales and bib distribution will begin at 4:30 pm. Cyclists will be required to present their HWSG ID Badge and their USCF license to receive their bib packet.

FORMAT/RULES

- Official Cycling Race Bibles will be distributed at the Pre-Race Meeting.
- Helmets are mandatory at all times.
- No bare shoulders.
- Start times for each race will be posted at the Dixie Center throughout the Games and at the race venue on race day.

EVENT DESCRIPTIONS

Hill Climb

- Date: Tuesday, Oct. 7
Time: 9:00 am - Noon
Venue: Snow Canyon State Park – Sand Dunes
Distance: 5K
Course: Uphill rollies 4% to 8%; short sections 10% to 11%; scenic, colorful canyon.

EVENT DESCRIPTIONS (continued)

Time Trial

Date: Wednesday, Oct. 8
Time: 9:00 am – 3:00 pm
Venue: Springdale, Utah (entrance to Zion Park)
Distance: 40K – Division I: M 50-64; W 50-64
“ Division II: M 50-64; W 50-59
20K – All other skill and age divisions
Course: Springdale, Utah is a 45 minute scenic drive from St. George.
The race start / finish will be at the Majestic View Lodge. The course
will consist of rolling hills surrounded by beautiful red rocks and
breath-taking canyons.

Criterion

Date: Thursday, Oct. 9
Time: 9:00 am – 5:00 pm
Venue: Bluff Street Park, St. George
Distance: 34K-27 Laps- Division I: M 50-64; W 50-59
“ “ Division II: M 50-64
16K-13 Laps - All other skill and age divisions
Course: Triangular street circuit with very slight grades; 1.26K per lap.

Road Race

Date: Friday, Oct. 10
Time: 9:00 am – 2:00 pm
Venue: Ivins, Gunlock, Snow Canyon State Park
Distance: 62K –Division I: M 50-69
“ Division II: M 50-64
50K –Division I: M 70-74, W 50-64
“ Division II: M 65-69; W 50-64
37K –All other skill and age divisions
Course: Three start locations: 62K-Ivins; 50K-Gunlock Turnoff; 37K-Gunlock.
“Circuit” course - 1 lap = 62K; start/end 3,000 feet altitude; rollies,
1,700 foot gain/loss, upgrades mostly under 6% but one 9% (0.4 mile),
one 6%-11% (1.1 mile). Long downhill, fast twisty, challenging descent
through scenic Snow Canyon State Park (reverse Hill Climb) near
finish.

MEDALS

- Gold, Silver and Bronze medals and 4th, 5th and 6th place ribbons will be awarded for each age and skill division following each event.
- Overall Awards will be presented to Overall Winners in each Age Division and each Skill Division as follows:
 - Skill Division I - Yellow HWSG Overall Jersey
 - Skill Division II - Winner's Jersey
 - Skill Division III - Winner's Cycling Shirt

Participants must enter a minimum of three events to qualify for “overall” awards. Overall awards will be presented at the Sport Sponsor Social.

- The sixth annual David Richardson Award will be presented at the Sport Sponsor Social for outstanding sportsmanship displayed throughout the cycling event, embodying the true spirit of the Games. The recipient of this very special award will be selected through a vote by the cyclists.

SPORT SPONSOR SOCIAL (Ticket Required)

Date: Friday, October 10
Time: 6:00 pm
Location: Washington County Regional Park (Fairgrounds)